

**Storyoga Inc.
Daily Health Check**



1. Key Symptoms of Illness

Does your child have any of the following new key symptoms?

- Fever
- Chills
- Cough or worsening of chronic cough
- Breathing difficulties (breathing fast or working hard to breathe)
- Loss of sense of smell or taste
- Sore throat
- Diarrhea
- Nausea and vomiting
- Runny nose (with the exception of a clear runny nose with no other symptoms)

2. International Travel

Have you/your child returned from travel outside Canada in the last 14 days?

3. Confirmed Contact

Are you a confirmed contact of a person confirmed to have COVID-19?

If you answered “YES” to two of more of the questions (on behalf of your child) included under “Key Symptoms of Illness,” or your child has a fever or difficulty breathing, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner. If a health assessment is required, your child is not permitted to return to Storyoga until COVID-19 has been excluded and their symptoms have resolved.

If you answered “YES” to only one of the questions included under “Key Symptoms of Illness” (excluding fever and difficulty breathing), your child is required to stay home for 48 hours from the cessation of symptoms. If the symptom/s persists or worsens, seek a health assessment. A health assessment includes calling 8-1-1, or a primary care provider like a physician or nurse practitioner.

If you answered YES to questions 2 or 3, your child is required to self-isolate for 10 days unless COVID-19 has been excluded and your child is symptom free.